

# Passion, Purpose, Prosperity

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## ONLINE PROGRAM

Discover your *Passion*, live your *Purpose*, and create your *Prosperity*.

### WEEK THREE

YOU GET IN LIFE WHAT YOU HAVE THE  
COURAGE TO ASK FOR.

- OPRAH

### Week 2 Review

**The Foundation** - Sharing

**Seva** - A Dollar a Day

**Clear out the Clutter** - Clear out one area once a week

**Abundance Inventory**

**Releasing Limiting Beliefs**

**Partner Check-In**



*Eva Maurice*  
SPIRITUAL COUNSELOR

# SOULWORK WEEK THREE

## *The Perfect Day...and so it begins...*

If you completely release the limiting beliefs that you've been holding on to what would your life look like. Imagine the perfect day. This day is a collection of your best memories, your deepest desires, and your favorite fantasies. Begin the writing by seeing yourself waking up in the bed of your dreams and describe each and every detail. This practice is intended to inspire you, feel wonderful while you're writing it, spark excitement in you when you think about the next entry of your perfect day. It will have a beginning, middle, and end. Then, you can keep a journal for the rest of your life with entries of perfect moments, ideal scenes, and clear visions. Every time you have an experience that feels good make note of it, describe it, document the way it made you feel, and open yourself up to the experience.

## *Vision Board...or screen...*

Create a visual stimulus that is either on poster board, in a book, or on a screen. With so many resources on-line you will not run out of inspiration! Discover Pinterest if you haven't already. Download an app that helps you create a vision board. Or if you're like me, get a poster board, magazines, glue and scissors and let the visioning begin! The key is to see it every day – really see it and FEEL the energy behind it. Go for it! Don't hold back. What you believe you can receive. Just sayin'!



*Eva Maurice*  
SPIRITUAL COUNSELOR